

Purpose/Target Audience

This educational activity is designed to provide attendees with a program of clinical and practical information relating to current orthopaedic practice as well as future directions in orthopaedic care. Topics will include legislative and governmental regulatory issues, surgical updates and practice management information. Target audiences for this program are Orthopaedic Surgeons, Orthopaedic Residents, Physician Assistants, Physical Therapists and Orthopaedic Practice Administrators.

Acknowledgment of Financial Support

We gratefully acknowledge financial support of this program from several orthopaedic hardware and pharmaceutical companies, by their participation in exhibiting their product lines. Names of these companies will be provided in material distributed at the time of onsite registration. Determination of educational content for this program and the selection of speakers are responsibilities of the program director. Firms providing financial support did not have input into these considerations.



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Measurable Objectives

Upon completion of this program, participants should be able to:

1. understand the indications for arthroplasty in treatment of acetabular fractures
2. discuss the common complications of total ankle arthroplasty and ways to avoid them
3. discuss ways to improve efficiency and reduce cost with total joint arthroplasty
4. discuss ways to avoid common pitfalls when performing total knee revision surgery
5. understand the physiology related to instability of the patellofemoral joint
6. gain understanding of a stepwise process for decision making in the treatment of patellofemoral joint instability
7. understand the physiology and mechanics of the ankle syndesmosis
8. discuss common problems, encountered in treating injuries of the syndesmosis
9. receive an update and understand the current legislative issues facing orthopedic surgeons at the state and national level
10. understand some barriers to communication amongst orthopedic surgeons, and how to make improvements

CME Credit



In support of improving patient care, this activity has been planned and implemented by the University of Iowa Roy J. and Lucille A. Carver College of Medicine and Iowa Orthopaedic Society. The University of Iowa Roy J. and Lucille A. Carver

College of Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The Carver College of Medicine designates this live activity for a maximum of 5.75 *AMA PRA Category 1 Credit (s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Iowa Orthopaedic Society

Spring Meeting

May 3, 2024



Hilton Des Moines Downtown
435 Park St
Des Moines, IA 50309
(515) 241-1456

*Jointly provided by the
Iowa Orthopaedic Society
and the
Roy J. and Lucille A. Carver
College of Medicine
at the University of Iowa*

Spring Meeting Program

Morning Schedule - All Meetings in Ballroom A

- 7:00 a.m. Breakfast in Ballroom B
- 7:30 a.m. Welcome & Introduction
Matt DeWall, MD – IOS President
- 7:45 a.m. **Matthew Karam, MD**
University of Iowa Orthopedics & Rehabilitation
"Total hip arthroplasty for fractures of the acetabulum"
Q&A
- 8:30 a.m. **Mark Hagy, MD**
Orthopedic Surgery, Pierre, SD
"Complications of Total Ankle Arthroplasty"
Q&A
- 9:15 a.m. **Michael Bonfiglio Award:**
Peter Sanchez - "Dynamic Changes of the Neuromuscular Junction after Peripheral Nerve Compression and Decompression"
- 9:35 a.m. **Mary Van Zee Award**
Sophia Xiao - "Course of Carpal Tunnel Syndrome Management in Diabetic Patients"
- 10:00 a.m. Break in Ballroom B
- 10:30 a.m. **Aaron Altenburg, MD**
Altenburg Joint Replacement Surgery, Pocatello, ID
"Challenges in Knee Revision"
Q&A
- 11:15 a.m. **Mark Hagy, MD**
Orthopedic Surgery, Pierre, SD
"Syndesmosis injuries"
Q&A
- 12:00 p.m. **Lunch Break**

Please visit with Exhibitors in Ballroom B

Afternoon Schedule - Ballroom A

- 1:00 p.m. **IOS Business Meeting**
- 1:15 p.m. **Aaron Altenburg, MD**
Altenburg Joint Replacement Surgery
"Efficiency in Total Joint Surgery; Maximizing Care and Reducing Cost"
Q&A
- 2:00 p.m. Break in Ballroom B
- 2:30 p.m. **Jason Sullivan, MD**
Des Moines Orthopaedic Surgeons
"Patellar instability – decision making"
Q&A
- 3:15 p.m. **James Nepola, MD**
University of Iowa Orthopedics & Rehabilitation
"Communication amongst surgeons"
Q&A
- 3:40 p.m. **Cassim Igram, MD**
University of Iowa Orthopedics & Rehabilitation
PAC Update "Legislative Issues Impact on Orthopaedic Surgeons"
Q&A
- 4:00 p.m. Meeting Adjourn

Hotel Accommodations

Hilton Des Moines Downtown
435 Park St
Des Moines, IA 50309
(515) 241-1456
Room reservations in the IOS block of rooms must be made in advance. When you call, request a room from the IOS block.
\$159+ tax
Block expires April 1, 2024

Registration

www.iowaorthopaedic.org

When registering online, electronic payment can be made via PayPal, which also accepts credit cards (no PayPal account required).

Please include a check payable to the Iowa Orthopaedic Society or include credit card information.

For mail registration, complete the following form and mail to:

Iowa Orthopaedic Society
Patricia Buelow, CMPE
4109 Cedar Heights Drive
Center Point, IA 52213

Name _____

Address _____

City/State/Zip _____

Phone _____

Email _____

Academic Degree _____

Card Number: MC | Visa | AMEX

Exp. Date _____ 3 Digit CSC _____

Name on Card (please print)

Signature _____

Circle one:

MD/DO \$175

PA, LPTs, Administrators - \$100

Residents - No fee

