



IOS Connection

Summer 2018

WELCOME TO THE NEW IOS PRESIDENT

Dr. Craig Mahoney was elected to serve as the IOS President for the 2018-19 term. Dr. Mahoney has been practicing at the Iowa Orthopaedic Clinic in Des Moines for the past 16 years. He is the recipient of the Patient Choice Award for 2014, 2015, 2017 and 2018. He was also recognized with an Award from the Castle Connolly Regional Top Doctors. We welcome him with open arms and look forward to his leadership.



FROM THE PRESIDENT

I am very excited to serve as the president of the Iowa Orthopaedic Society. The organization has done a great job of advocating for orthopaedic surgeons in the state through education and direct contact with legislators. I hope to continue to strengthen the society through increased membership and continued support of issues that positively affect orthopaedic surgeons regionally and nationally.

Plans are underway for the 2019 annual meeting to be held in Des Moines on April 26. There will be a wide range of topics presented, with a special focus on joint replacement and the business of orthopaedics. Please save a spot in your calendar and attend the meeting as I believe it will be excellent.

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Thank you for your support of the Iowa Orthopaedic Society. If you have issues that need to be addressed on a local or state wide basis don't hesitate to contact Mary or Pat as we are here to serve the orthopaedic surgeons in Iowa.

THANK YOU TO DR. LYNN NELSON



Dr. Lynn Nelson deserves a big thank you for his Spring Meeting Program and for his leadership for this past year as President of the IOS. Dr. Nelson – we appreciate your time, your efforts, and your leadership over the past twelve months. Also thank you for assuming the role of Legislative Chair for this coming year.

IOS RESEARCH AND MICHAEL BONFIGLIO AWARD WINNERS

This year's recipient of the Michael Bonfiglio Orthopaedic Award for Student research is Karan Rao, M3.

Zachary Mayo, M3 has been awarded the Iowa Orthopaedic Society Medical Research Award.

Both Medical Students presented their papers at the IOS Spring Meeting. Karan's study was entitled "Fracture Energy Correlates to the Sanders Classification for Evaluating Fracture Severity, but Does Not Predict Progression to Post-Traumatic Osteoarthritis". Zachary's paper was entitled "What is the Clinical Significance of Incidental Findings on Staging CT Scans in Patients with Sarcoma?"



Congratulations to both winners and a big thank you to the Selection Committee consisting of Drs. Tim Brown, Joseph Buckwalter, Timothy Fowler, Cassim Igram, Jose Morcuende, Lynn Nelson, and Charles Clark.

Dr Wilkerson Receives AAOS 2018 Humanitarian Award

The IOS is proud to honor one of its own: Rick D. Wilkerson, DO. Dr. Wilkerson is the recipient of the [American Academy of Orthopaedic Surgeons](#) (AAOS) 2018 Humanitarian Award. He was honored at the Academy's 2018 Annual Meeting for his nearly three decades of work serving underserved populations around the globe.

The Humanitarian Award recognizes living fellows, international and emeritus members of the Academy who have distinguished themselves through outstanding musculoskeletal-related humanitarian activities in the United States or abroad.



Dr. Wilkerson lives in Spencer, Iowa, with his wife Barbara and nine children. Early in his career, he chose to practice in a rural area of Iowa as a result of a suggestion by Barbara that he practice in an area that needed him, not one that he needed.

“The life of Rick Wilkerson and his family is lived quietly, but with pronounced distinction,” said David Barber, one of Dr. Wilkerson’s classmates from West Point. “Together, they bring a message of real and lasting peace to many international homelands by passionately focusing on dispensing healing directly to the households of people in underdeveloped nations.”

In addition to being a skilled orthopaedic surgeon, Dr. Wilkerson is passionate about helping countries develop and improve their orthopaedic capabilities, and he knew that with his experience, resources, and determination he could make an enormous impact on peoples’ lives.

His global humanitarian pursuits have taken him to more than 14 countries such as Haiti, Iraq, Vietnam, Afghanistan, Pakistan, Libya and Uganda. His colleagues credit his West Point education and military medical experience as a key factor for the special instincts and skill set required to thrive in environments of war, hostile governments or natural disasters.

Dr. Wilkerson’s humanitarian efforts abroad resulted in more than just disseminating orthopaedic knowledge and access to care. In addition to their five biological children, Dr. Wilkerson and his wife have adopted four children. On a trip to Cambodia in 1996, Dr. Wilkerson adopted a baby boy, Daniel, who was left on a doorstep with a note as a newborn. His daughters, Breanna and Kate, were sisters caught up in the Iowa foster care system. He and Barbara adopted both to keep them together. In 2010, Dr. Wilkerson spent three weeks in earthquake-stricken Haiti to provide aid. It was there that he met a newly-orphaned Haitian boy, Junior, who was soon thereafter adopted by the family.

Based on his experience in Haiti, Dr. Wilkerson and Barbara established a non-profit organization, [Love Takes Root](#) (LTR), in 2011 with a mission to cultivate the welfare of children worldwide. Since its formation, they have purchased over three acres of land in Jacmel, Haiti, built boys' and girls' cottages, a staff house, a dining room/kitchen, a primary and secondary school for more than 400 students, a computer lab and a medical clinic.

2018 JAMES J. PUHL, MD HUMANITARIAN AWARD

The IOS is pleased to present the 2018 Humanitarian Award to Sharing Resources Worldwide – a pediatric hand surgery mission in Siguatepeque, Honduras. This effort is led by Ericka Lawler, MD, an orthopaedic surgeon from the University of Iowa. For the past three years a group of medical personnel from the University of Iowa consisting of physicians, nurses, trainees and scrub techs along with an orthopaedic resident of hand surgery fellow have traveled with her on this mission trip. Each year they have been able to evaluate approximately 45 patients and operate on 25 patients. This trip is primarily funded through personal finances and use of vacation time with a small amount of financial support from the American Society for Surgery of the Hand.



UPDATE ON THE IOS SPONSORSHIP FOR ORTHOPAEDIC RESIDENTS IN TANZANIA, EAST AFRICA

Both Dr. Albert Katembo and Dr. Stephen Swetala will be graduating this fall following three years of orthopaedic residency which would not have been possible without the IOS contributing \$2500 per year for each resident for their tuition. Dr. Mark Wheeler and Gayle Stroschein, MS, RN President of Hope Ministries have had the pleasure of working with these residents while they were in Tanzania. Dr. Wheeler is pleased with how much they have grown in their knowledge and skills. This is such a great investment in the future of orthopaedic healthcare in Tanzania!! Each of these residents is committed to remain at Bugando Hospital in Mwanza, TZ for 5 years following their graduation.

Because of the success of these two residents, the IOS Board has voted to continue this very worthwhile program by funding the tuition for another two orthopaedic residents. Dr. Mwitwa Chacha and Dr. Charles Joseph Kitundu will begin their residency program this fall.

<https://www.bugandomedicalcentre.go.tz/>



The Iowa Orthopaedic Society delegation to the National Orthopaedic Leadership Conference (NOLC) visited Iowa members of the US Congress in Washington DC. The June 7 event was part of the larger NOLC gathering. Visits were arranged with Iowa US Reps Rod Blum, David Young, Dave Loebsack, and Steven King. Meetings were also held with Senators Joni Ernst and Chuck Grassley.

Pictured are Craig Mahoney, MD, Blake Dowdle, MD, Sen. Joni Ernst, Cass Igram, MD, Molly Day, MD, and Chris Anthony, MD.

Photo by Pat Buelow

Save the Date

IOS 2019 Spring Meeting
26 April 2019
Des Moines

MISSION STATEMENT

The mission of the Iowa Orthopaedic Society is to enhance members' ability to provide the highest quality musculoskeletal care possible, by providing programs in continuing medical education, training in practice management, leadership in socio-economic affairs and opportunities to build collegiality.

IOS 2018-2019 Officers and Board of Directors

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| Craig Mahoney, MD | President |
| Michael Pyevich, MD | President Elect. |
| Matthew White, MD | Secretary/Treasurer |
| Darron Jones, MD | Member-at-Large |
| Lynn Nelson, MD | Immediate Past President |
| Peter Rink, DO | Past President |
| Heather Kowalski, MD | Chair, J. Puhl, MD Humanitarian Committee |
| Benjamin Miller, MD | Chair, Membership Committee |
| Lynn Nelson, MD | Chair, Legislative Committee |
| Matthew Karam, MD | Chair, Research Fund & U Iowa Rep |
| Cassim Igram, MD | AAOS Board of Councilors Rep |
| Timothy Gibbons, MD | Iowa Medical Society Rep |

If you have questions, please contact

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